



Grow-wise

The Essential 0 - 19 Child Development Programme

Developed by Nottinghamshire County Council and the University of Nottingham, Grow-wise™ is a practice focussed and research led learning resource, aimed at all frontline practitioners working with families, young people, and children.

Recent research, conducted on behalf of the DfE (by Marion Brandon, Peter Sidebotham et al), recommended that those professionals working with children and families:

“should be able to recognise patterns of overall development, to promote optimal child development and to detect when such development may be going off track.’¹

The six serious case reviews, considered within their research, each identified that a lack of understanding of “normal” child development, coupled with a poor appreciation of what developmental issues might be indicative of within the wider context of the child’s world, lead to key indicators being missed/left unchallenged by those professionals working with the families. This was an issue also highlighted in the Munro Review²

This training resource includes the following:

- 22 E-learning modules divided across age groups and developmental fields (physical, emotional, social, etc.)
- 10-15 hours of learning materials (which can be spread over a given period)
- Assessments at the end of each age group
- Case studies that will allow you to apply your learning to practice situations, and which can be taken back to your workplace for further discussion
- Certificate of Completion
- Additional downloadable/printable resources for further study

To access the full programme – you’ll need to go into My Learning My Career on the Intranet – just login to MLMC and click on the link below:

[Grow-wise - Full Programme \(MLMC\)](#)

If you have any problems accessing the programme, please contact

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¹ Reference: Child and family practitioners’ understanding of child development: Lessons learnt from a small sample of serious case reviews (Marian Brandon, Peter Sidebotham, Catherine Ellis, Sue Bailey and Pippa Belderson, UEA, 2011,p.22)

² Reference: Munro Review of Child Protection (DfE, 2011, p75, 4.66)