Workbook 1 - Section 1.3

Dignity & Respect

When an individual is in need of health and/or social care services it can be a time when they are at danger of losing their dignity and self respect. Remember that the services we provide may be when an individual can be or feel at their most vulnerable.

Treat them as an individual

Encourage independence , with choice and control over care and treatment

Encourage social inclusion & participation in social activites

Ways to treat an individual with dignity & respect

Respect an individuals personal space & environment

Engage with family members/carers/ others involved in supporting the individual Listen to the individual and encourage them to talk about how they are feeling

Respect an individuals right to privacy

Not an exhaustive list