

Positive risk taking

Weighing up the potential benefits & harms of exercising one's choice of action over another.

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Life is full of risks, whether you are crossing the road, driving a car or taking medication. Think about why you are willing to take these risks? Its probably because you feel the benefits of doing what you want to do outweigh the risks involved.

Although as a health and social care worker you must act responsibly and in a way that safeguards individuals, you should balance this with promoting choice.

Positive risk taking is not about leaving individuals to make choices that could result in harm to themselves or others. It is about taking risks that benefit the individual and can make a positive impact on their life. It is about supporting individuals to take control of their own lives.

