

## Case Study - Mr Br Responsible Professional - Occupational Therapy

### 1. Circumstances

Mr B. is 74 yrs old.

He lives alone with his dog.

Manual handling needs unable to be met safely.

Supported by single handed care three times/day.

Care Agency reported that staff member injured when assisting with a transfer.

Mr B has a range of health conditions, including CVA with r.sided weakness, sciatica, urinary tract infections.

### 2. Outcomes identified

To ensure Mr B's safety.

To ensure safety of staff supporting him.

To ensure that Mr B can live with his dog in his home.

Mr B. to be supported to have choice and control and continue to live at home.

Sustain friendships with neighbours.

### 3. How were outcomes delivered?

Formal capacity assessment concluded that Mr B. lacked the capacity to make an informed decision about care solutions/living options.

Best Interest meeting concluded that Mr B should be supported to live at home.

Two-way conversation to discuss concerns.

### 7. What is different now?

Staff have received advice about safe moving and handling.

Levels of functional independence maintained.

Hygiene needs more effectively managed.

Clear plan and agreement by those around him and professionals involved that all should work together to support Mr B to remain at home for as long as possible.

### 4. Who else was involved?

Mr B.  
Agency care staff  
Family  
Neighbours



*Adapted from 7 minute briefing created by Hywel Dda University Health Board*

### 6. Link to Model of Practice

Engaging in a way that builds trust and rapport in order that outcomes can be explored.

Even though capacity compromised, still able to express what matters to him.

### 5. Strengths identified/utilised.

Mr B can follow verbal prompting and able to self-manage some daily living activities.

Mr B's dog provides him with a focus and resolve to continue living at home.

Mr B has a friendly nature and wishes to maintain contact with neighbours.