

AWARENESS DAYS 2024

Please note other than Community Care Live and The Festival of Learning Community Care, Community Care does not organise or endorse any of the days below. All dates were correct at the time of publication but please check individual websites for details and changes to dates and arrangements.

DATES	TITLE	DESCRIPTION	LINK
JANUARY			
11.01.24	National Human Trafficking Awareness Day	National Human Trafficking Awareness Day on January 11 raises awareness of the persistent issue of human trafficking. Though the entire month of January has already been recognized as National Slavery and Human Trafficking Prevention Month, this day is specifically dedicated to awareness and prevention of the illegal practice.	https://hopeforjustice.org/national-slavery-and-human-trafficking-prevention-month/
22.01.24-28.01.24	Cervical Cancer Prevention Week	Cervical Cancer Prevention Week is an opportunity to raise awareness on the risks of cervical cancer, and help women and people with cervixes learn about how to reduce these risks and prevent the illness	https://www.jostrust.org.uk/get-involved/campaign/cervical-cancer-prevention-week
01.01.24-31.01.24	Dry January	The UK's one-month booze-free challenge that helps millions reset their relationship with alcohol every year	https://alcoholchange.org.uk/help-and-support/get-help-now
FEBRUARY			
01.02.24-29.02.24	LGBT+ History Month	To promote equality and diversity for the benefit of the public.	https://lgbtplushistorymonth.co.uk/
04.02.24	World Cancer day	Aims to save millions of preventable deaths each year by encouraging individuals to take action	https://www.worldcancerday.org/
05.02.24-11.02.24	Children's Mental Health Week	"75% of mental illnesses start before a person's 18th birthday. With most long-term mental health problems beginning in adolescence, there's a growing need for support for young people. Since 2019, the Bloom programme has developed young people's resilience through life's unexpected turns and transitions. "	https://www.childrensmentalhealthweek.org.uk/
25.02.24-02.03.24	Eating Disorder Awareness Week	An international awareness event, fighting the myths and misunderstandings that surround eating disorders	https://www.beateatingdisorders.org.uk/
MARCH			
01.03.24	Zero Discrimination Day	Celebrated by the United Nations (UN) and other international organisations. Aims to promote equality throughout all member countries.	https://www.unaids.org/en/resources/presscentre/pressreleaseandstatementarchive/2021/march/zdd-exd-message
08.03.24	International women's day	A global holiday celebrated annually to commemorate the cultural, political, and socioeconomic achievements of women.	https://www.internationalwomensday.com/
11.03.24-17.03.24	Nutrition and Hydration Week	A shared objective to highlight, promote and celebrate improvements in the provision of nutrition and hydration locally, nationally and globally.	https://nutritionandhydrationweek.co.uk/
13.03.24	Young Carers Action Day	Young Carers Action Day, celebrated on Wednesday 13th March 2024, is an annual nationwide event organised by the Carers Trust and network partners. It aims to raise awareness of the importance of young carers across the country.	https://affc.org.uk/event/young-carers-action-day/#:~:text=March%2015%2C%202024&text=Young%20Carers%20Action%20Day%2C%20celebrated,at%20Action%20for%20Family%20Carers.
15.03.24	World Sleep Day	A celebration of sleep and a call to action on important issues related to sleep, including medicine, education, social aspects and driving.	https://worldsleepsociety.org/world-sleep-day/

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DATES	TITLE	DESCRIPTION	LINK
MARCH			
21.03.24	International Day for the Elimination of Racial Discrimination	The International Day for the Elimination of Racial Discrimination is observed annually on the day the police in Sharpeville, South Africa, opened fire and killed 69 people at a peaceful demonstration against apartheid "pass laws" in 1960.	https://www.un.org/en/observances/end-racism-day
21.03.24	World Down Syndrome Day	Advocating for the rights of people with Down syndrome	https://www.worlddownsyndromeday.org/
25.03.24-31.03.24	World Autism Acceptance Week	An opportunity to get involved in helping to create a society that supports autistic people.	https://www.autism.org.uk/get-involved/raise-money/world-autism-acceptance-week-2022
25.02.24-02.03.24	Eating Disorder Awareness Week	An international awareness event, fighting the myths and misunderstandings that surround eating disorders	https://www.beateatingdisorders.org.uk/
APRIL			
April-24	Stress Awareness month	"Stress Awareness Month has been held every April, since 1992 to increase public awareness about both the causes and cures for our modern stress epidemic. Many aspects of life can cause stress, but this year, we'll be sharing tips and coping strategies to help you manage your mental health and wellbeing in the workplace."	https://www.stress.org.uk/
07.04.24	World Health Day	This marks the celebration of World Health Day. From its inception at the First Health Assembly in 1948 and since taking effect in 1950, the celebration has aimed to create awareness of a specific health theme to highlight a priority area of concern for the World Health Organization. Over the past 50 years this has brought to light important health issues such as mental health, maternal and child care, and climate change. The celebration is marked by activities which extend beyond the day itself and serves as an opportunity to focus worldwide attention on these important aspects of global health.	https://www.who.int/campaigns/world-health-day
MAY			
13.05.24-19.04.24	Learning Week at work	Learning at Work Week (LAW Week) is a unique annual event to build learning cultures at work. It aims to put a spotlight on the importance and benefits of continual learning and development.	https://www.learningatworkweek.com/
15.05.24-22.05.24	Foster Care Fortnight	Foster Care Fortnight™ is the UK's biggest foster care awareness raising campaign, delivered by leading fostering charity, The Fostering Network. Established in 1997, the campaign showcases the commitment, passion and dedication of foster carers. It also supports fostering services to highlight fostering in their local area and the fantastically positive impact fostering is making to the lives of children and young people, including sibling groups, those with disabilities and unaccompanied asylum-seeking children. Foster Care Fortnight receives high media coverage each year, and The Fostering Network is delighted to receive the backing of celebrities and politicians from across the UK who lend their support to our campaign	https://www.thefosteringnetwork.org.uk/get-involved/foster-care-fortnight
15.05.24	International day of families	The International Day of Families is observed on 15 May every year. Activities include workshops and conferences, radio and television programmes, newspaper articles and cultural programmes highlighting relevant themes.	https://www.un.org/en/observances/international-day-of-families

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DATES	TITLE	DESCRIPTION	LINK
JUNE			
10.06.24-16.06.24	Carers Week	Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.	https://www.carersweek.org/
16.06.24	World Elder abuse day	"World Elder Abuse Awareness Day is held on June 15th and is an annual international UN observance day on the same date each year. The day came about as a result of UN resolution 66/127. With a growing global population of elderly people, and as longevity increases, abuse of the elderly is an increasing and serious problem that affects health and human rights and can cause death, so it is vital to raise awareness of it and thus prevent it whenever and wherever possible. Elder abuse is global and comes in many forms including physical, emotional, sexual and financial abuse and also neglect. Elderly people are human and deserve the same dignity and respect as people of all other age groups."	https://www.awarenessdays.com/awareness-days-calendar/world-elder-abuse-awareness-day-2024/
17.06.24-23.04.24	Learning Disability Week	Every year, during the third week of June, its is Learning Disability Week. It is all about making sure the world hears what life is like if you have a learning disability	https://www.mencap.org.uk/learningdisabilityweek
JULY			
24.07.24	24/7 Samaritans	24th July is 24/7 Samaritans Awareness Day, so get involved in the worthwhile cause of raising awareness for the important work that The Samaritans carry out.	https://www.samaritans.org/support-us/campaign/
30.07.24	"World Day Against Trafficking in Persons"	On the World Day Against Trafficking in Persons, the UN aims to create awareness about human trafficking and worldwide efforts to defeat this scourge.	https://www.unodc.org/unodc/en/endht/index.html
AUGUST			
SEPTEMBER			
10.09.24	World Suicide Prevention Day	Every year organisations and communities around the world come together to raise awareness of how we can create a world where fewer people die by suicide. Each year has a different theme and focus, to bring to light a specific aspect of suicide prevention.	https://www.samaritans.org/support-us/campaign/
23.09.24-29.09.24	National Inclusion Week 2024	Founded by Inclusive Employers, National Inclusion Week (NIW) is a week dedicated to celebrating inclusion and taking action to create inclusive workplaces.	https://www.inclusiveemployers.co.uk/national-inclusion-week/
27.09.24	We are Macmillan. Cancer support. World's Biggest Coffee Morning.	The official Macmillan Coffee Morning is on Friday 27 September 2024, but you can host when you like. Whether you go for tea and cake or something else, your support helps those living with cancer.	

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DATES	TITLE	DESCRIPTION	LINK
OCTOBER			
18.10.24	Anti-Slavery day	Anti-Slavery Day provides an opportunity to raise awareness of human trafficking and modern slavery, and encourage government, local authorities, companies, charities and individuals to do what they can to address the problem. It was created by the Anti-Slavery Day Act, a Private Members Bill introduced by Anthony Steen CBE, now Chair of the Human Trafficking Foundation.	https://www.antislaveryday.com/
18.10.24	World Menopause Day	World Menopause Day aims to raise awareness of the menopause and the support options available for improving health and wellbeing.	https://www.imsociety.org/education/world-menopause-day/
21.10.24-27.10.24	National Adoption Week	Adoption UK is the leading charity providing support, community and advocacy for all those whose lives involve adoption, including those parenting children who cannot live with their birth families, and adopted people. Connecting people, providing support and training and campaign for improvements to adoption policy and practice.	https://www.adoptionuk.org/national-adoption-week#England
NOVEMBER			
Nov-24	Movember	The men's health crisis calls for big minds and big solutions. But there's a smaller, hairier solution to the men's health crisis. A solution you can grow yourself. It's sitting under your nose	https://uk.movember.com/
25.11.24	International Day for the Elimination of Violence Against Women	While pervasive, gender-based violence is not inevitable. It can and must be prevented. Stopping this violence starts with believing survivors, adopting comprehensive and inclusive approaches that tackle the root causes, transform harmful social norms, and empower women and girls. With survivorcentred essential services across policing, justice, health, and social sectors, and sufficient financing for the women's rights agenda, we can end gender-based violence.	https://www.un.org/en/observances/ending-violence-against-women-day
DECEMBER			
01.12.24	World AIDS Day	World AIDS Day, observed annually on 1st December, is an opportunity for people around the globe to unite in the fight against HIV/AIDS, support those affected, and remember those who have lost their lives to the disease.	https://www.worldaidsday.org/