

SAFETY PLANNING ROADMAP

WHAT

DANGER STATEMENTS

What Children's Services is worried will happen to the child if nothing changes (the problem that has to be solved)

Safety planning always involves engaging the family and their support network in a focused action learning process enabling them to decide on, practice and refine the actions that will create lasting safety.

This is the how of safety planning; the trajectory that creates the final safety plan.

SAFETY GOALS

What Children's Services needs to see to know the child is safe and they can close the case (not services)

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HOW (STEPS)

1. Preparations with Professionals
2. Develop Paired Danger Statements and Safety Goals with Matched Safety Scales
Simple language, understandable to family.
3. Identify everything constructive in direct parenting
4. Develop Professional bottom-line requirements
5. Develop Professional trajectory including timeline
6. Build vision of process for family
7. Build informed network with family
8. Create explanation for children (and everyone else)
9. Build Safety Plan with parents and network
Successive process where family demonstrates over time they can make children safe, regular review — honouring success and utilising struggles. All participants should rate safety at each meeting using the safety scales.

Need to dig into critical issues — dynamics, triggers and stressful times that make abuse/neglect more likely. The family must either come up with or fully own all rules. 'Denial' issues must be dealt with throughout.
10. Share plan with child
11. Monitoring by Professionals and network
12. Create final child-centred Safety Plan

Ongoing Processes



TOOLS (METHODS)

Harm Matrix
Signs of Safety Mapping
My Three Houses or equivalent

Signs of Safety Trajectory & Timeline
Safety Journal

Family Safety Circles, Network-finding Matrix

Words and Pictures

Regular Review Meetings

Family and network must be given the opportunity to fail so they can demonstrate success, usually through an increasing process of contact. Professionals must be mindful of the risk and manage this together with the family.

Safety Journal, Safety Object

Practice Rehearsals of Rules

Child-focused Safety Plan