



Conflict Resolution

Training

GoodSense Training

www.Good-Sense.co.uk

Community Care Live 15 London



- Effectively assessing situations and looking for early warning signs
- Reading other people's body language and monitoring your own
- Essential strategies for de-escalating situations which have become heated

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Ice Breaker - Body Language



• Disinterest

• Suspicion

- Formal
- Friendly

What Is Your Hidden Language Saying?



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Rapport (TLK)



- How long does it take for you to make your mind up consciously?
- How long does it take for you to make your mind up unconsciously?
- Trust
- Like
- Know

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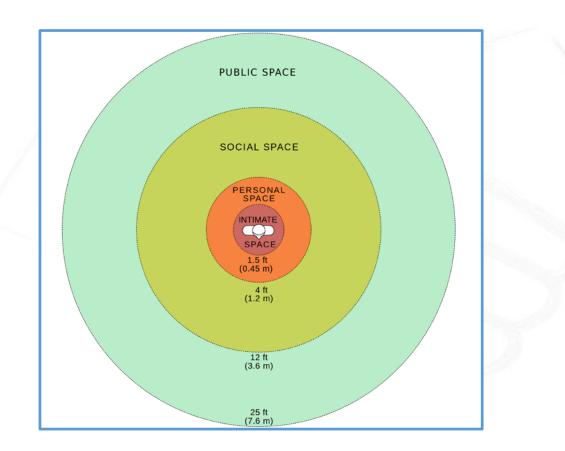
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The Four Distances





- Social
- Personal
- Intimate



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NAPE Stances



- Negotiation
- Assertiveness
- Protective

• Escape



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POLITE

• Position

- Observation
- Listening
- Intuition
- Talking

• Eye contact





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POLITE

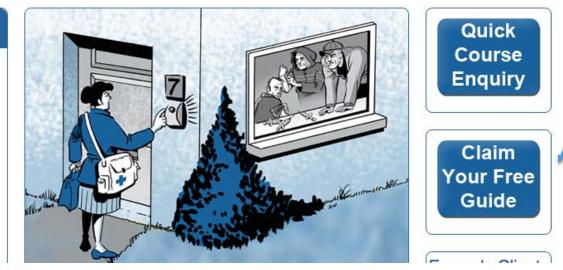
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GoodSense Conflict Resolution Training helps you to make sure your staff remain safe at work and have the confidence, skill and understanding to prevent and manage difficult situations.

Choose Your Sector

Primary Care Secondary Care Care Homes Ambulance Crews Fire Services Councils Education Transport





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